



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SET SPIKE WIN!!!!!!



Coed Adult Volleyball THE YMCA OF CATAWBA VALLEY

The Adult volleyball league is designed to be an aid and tool in the development and growth of the participants. The Y is not a building, athletics field or just a gym; it is an association of people who use Y volleyball to foster physical, mental and spiritual growth. The attainment of exceptional athletic skills and the winning of games, though important, are secondary to the molding of future men and women.

League Information:

Ages:

For Men and Women ages 16 and up

When:

Registration is from January 31st-March 26th

Where:

Season will start April 9th
Games will be played at the
Hickory and/or Shuford Branch
Tournament will be June 11th

Registration Information:

Members \$60 and non-members \$100
Per person (Minimum of 6 People on a
team - NO maximum), includes:

- 7 regular season games
- Dri-Fit Team Shirt
- Single elimination tournament
- Register on a team or as an individual
- **LATE REGISTRATION FEE: \$10**

For more information contact

Antionne Mayhew (Hickory Foundation YMCA) at antionnem@ymcacv.org
OR

Abbey Tarr (Adrian L. Shuford, Jr. YMCA) at abbeyt@ymcacv.org



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Sports Waiver: In Consideration of the acceptance of this entry, I hereby, for myself, my heirs, executors, administrators and assignees, release and discharge the YMCA of Catawba Valley, its Board of Directors, employees, members, sponsors, and program volunteers of any liability from injury, illness or loss which may occur during my participation to, during and from YMCA of Catawba Valley Adult Sports leagues. I specifically release and discharge said promoters and sponsors from all injuries or damages arising from or contributed to by any physical impairment or defect I may have, whether latent or patent, and agree that they are under no obligation to provide a physical examination or other evidence of my fitness to participate in such events, the same being my sole responsibility.

I also understand the rules and guidelines given to my team captain by the YMCA. I understand that if I do not follow the rules and guidelines, or if my behavior is against that of which the YMCA desires, I may be expelled from the league, forfeit my team and receive no refund.

I understand that there is a registration deadline, which the YMCA must enforce, and there are no refunds as the program is conducted. COVID-19 Refund Policy: Should the YMCA have to cancel fall sports in whole or partially due to a stay-at-home order or for any other reason, the YMCA will issue a pro-rated system credit to be used for any YMCA programming/membership at a future date.

Participant Name: _____ D.O.B. ____/____/____

Cell Number: _____ Email: _____

Address: _____

Emergency Contact: _____ Contact's Cell # _____

(Circle One) Branch of Play: Hickory Foundation Adrian L. Shuford, Jr.

(Circle One) T-Shirt Size: AS AM AL AXL AXXL AXXXL

(Circle One) I am registering as:

Part of a **TEAM**

As an **INDIVIDUAL**

(Circle One) Desired League of Play:

Competitive

Recreational

If part of a TEAM fill in the information below:

Team Name: _____

Team Captain's Name: _____

Team Captain's Cell #: _____

If **YOU** are the team Captain list your top 3 uniform color choices :
