Exclusion for Illness Policy

At all YMCA Child Care locations, we believe our program should promote healthy behaviors as well as prevent the spread of contagious diseases. In order to do this, we must temporarily exclude sick children from our center so that the health and safety of other children in our care is not compromised.

Therefore, we will exclude children if:

- 1. The child's illness prevents the child from participating in activities that our program offers for well children or mildly ill children.
- 2. The illness requires more care than the childcare staff is able to provide without compromising the needs of the other children in the program.
- 3. Keeping the child in care poses an increased risk to the child or to other children or adults with whom the child will come in contact with.
- 4. If the child exhibits the following signs or symptoms:
- Fever, sore throat, rash, vomiting, diarrhea, earache, irritability, lethargy, or confusion. Fever is defined as having a temperature of 100F or higher taken under the arm, 101F taken orally, or 102F taken rectally.
- Diarrhea-runny, watery or bloody stools
- Vomiting-two or more times in a 24 hour period
- Body rash, un-diagnosed
- Sore throat with fever or swollen glands
- Severe coughing
- Untreated infestation such as nits, lice, or scabies
- Eye discharge-thick mucus or pus draining from the eye, or pink eye
- Yellowish skin or eyes
- Child is irritable, continuously crying, or requires more attention than staff can provide without harming the health and safety of other children in their care.

If the child care staff is uncertain about whether the child's illness poses an increased risk to others, the child will be excluded until a primary care provider notifies the child care program through telephone conversation or note that the child may attend. Before a child may return to the center after being excluded for a contagious illness, approval from a medical professional must be obtained by the parent stating the child is no longer contagious and may

return to the center. A child who does not meet any of these conditions listed above does not need to be excluded.