

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

### **OUR HISTORY IS NOW**

## **BUILDING OUR** FUTURE



YMCA OF CATAWBA VALLEY

www.ymcacv.org/ways-to-give

# Our YMCA of Catawba Valley is Growing... And We Need Your Help

Thanks to an outpouring of support from many generous contributors, the YMCA of Catawba Valley is in the process of renovating our Catawba County facilities. The Hickory Foundation YMCA and Adrian L. Shuford, Jr. YMCA are undergoing extensive improvements, to better serve our members and the community as a whole. These advancements and offerings have also illustrated the ongoing need for your help, to serve your neighbors in our area.

We strive everyday to serve many needs through programs which nurture, inspire, nourish, encourage, connect, heal and teach our kids, adults, seniors and families. These programs include childcare; youth development efforts; academic success endeavors; addressing community health challenges, including Livestrong and diabetes prevention and care programs; swimming and drowning-prevention instruction; and a comm-UNITY initiative, which encourages access and belonging for ALL of our neighbors.



## Where Your Donation Goes

Generous contributions transform the lives of children, adults and families in our community. Here are some examples of how a gift can have an immediate, life-changing impact.

\$65 Will give a child the opportunity to learn water safety and swimming.

\$80 Will allow a child the opportunity

Will allow a child the opportunity to participate in one season of youth sports.

Allows one teen the experience of Leaders-In-Training camp for one week.

Sends a child to summer day camp filled with swimming, crafts, games and other values-based activities for one week.

Provides a sports team with a season of physical fitness and team building skills.

Provides a family with one year's membership, including activities for improved health and new friendships.

Provides a child with the opportunity to be enrolled in a safe, secure, educationally stimulating child development center for 8 weeks.

ognition Levels:

	\$250+	Special Friend
	\$400+	Youth Sponsor
	\$600+	Youth Patron
	\$1200+	Chairman's Roundtable
	\$2000+	Tony A. Pope Society
	\$3000+	"Chic" Robinson Society
-	\$5000+	Adrian L. Shuford, Jr. Societ

My name is Jessica Schaffer

and the YMCA is saving my life.

I joined the Y in May of 2023. My brother

and his wife were members so I joined so that we could all go swimming together. It has been a wonderful experience. I feel so welcome.

I had been in a car accident some time ago and experienced some joint issues. I was seeing a chiropractor for joint issues, then I had a fall that injured my sciatic nerve and became almost bedridden. As a result, I lost my job. I got up to about 400 pounds. My doctor recommended water exercises.

So, after joining the Y, I began water aerobics. Walking laps and eventually swimming. I have lost 50 pounds. My chiropractor said he was glad I was doing better but he missed seeing me.

The Y saved my life. I feel welcome and part of a community. My daughter goes to the child watch area while I enjoy water aerobics and the hot tub.

This would not have been possible without financial assistance. I am grateful for all the supporters of the Y.



### The Y. Building Our Future. 2024 YMCA Annual Campaign Pledge Card

Every day, the Y supports kids, adults, seniors and families with programs that protect, teach, connect, heal, nourish and encourage. Everything we do helps empower our communities and those who live in them, to thrive. We can't do it alone. We count on the generosity of our donors to make a better community possible. The Y is now...as it has always been...a place of possibility. Your financial commitment makes a strong statement to the community about the value and importance of the YMCA mission.

Total Pledge \$ Payment Opt	tions (Please choose one):	
I plan to make monthly payments, send monthly I plan to pay by credit card:  Card #:  Type	der the month ofreminders beginning	
Donor Name:		
Recognition Name:		
Address:		
Phone: Em	ail:	
Donor Signature:	Date:	
2024 Storyteller:	Branch:	
Where Your Donation Goes		
Generous contributions transform the lives of children, adults Here are some examples of how a gift can have an immediate \$65 Will give a child the opportunity to learn water safety \$80 Will allow a child the opportunity to participate in on \$150 Allows one teen the experience of Leaders-In-Trainin \$175 Sends a child to summer day camp filled with swimm crafts, games and other values-based activities for o \$250 Provides a sports team with a season of physical fitm \$900 Provides a family with one year's membership, included in the provides a child with the opportunity to be enrolled in \$1280 Provides a child with the opportunity to be enrolled in \$1280 Provides a child with the opportunity to be enrolled in \$1280 Provides a child with the opportunity to be enrolled in \$1280 Provides a child with the opportunity to be enrolled in \$1280 Provides a child with the opportunity to be enrolled in \$1280 Provides a child with the opportunity to be enrolled in \$1280 Provides a child with the opportunity to be enrolled in \$1280 Provides a child with the opportunity to be enrolled in \$1280 Provides a child with the opportunity to be enrolled in \$1280 Provides a child with the opportunity to be enrolled in \$1280 Provides a child with the opportunity to be enrolled in \$1280 Provides a child with the opportunity to be enrolled in \$1280 Provides a child with the opportunity to be enrolled in \$1280 Provides a child with the opportunity to be enrolled in \$1280 Provides and \$1280 Provides a child with the opportunity to be enrolled in \$1280 Provides and \$1280 Provides a child with the opportunity to be enrolled in \$1280 Provides and \$1280 Provides a child with the opportunity to be enrolled in \$1280 Provides and \$1280 Provides a child with the opportunity to \$1280 Provides a child with the opportunit	te, life-changing impact.  ty and swimming.  ne season of youth sports.  ng camp for one week.  ming, one week.  ness and team building ski  uding activities for improved health  \$2000+ Tony A. Pope Society  \$3000+ "Chic" Robinson Society	
stimulating child development		
Thank you for your financial investment in our YMCA family.		у.

YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

Office Use Only: Donor #: TY: Staff:

To Donate Online,

Please Scan this OR code:

YMCA of Catawba Valley - Gerry Knox

828-324-9622 | www.ymcacv.org

315 1st Avenue NW, Suite 104, Hickory, NC 28601



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# To learn more about YMCA giving opportunities, contact the Financial Development Office at 828.324.9622

#### YMCA of Catawba Valley

315 1st Avenue NW Suite 104 Hickory, NC 28601

Phone: 828.324.9622 Email: info@ymcacv.org

### Burke County YMCA Afterschool Administration Office

200 E. College Dr. Morganton, NC 28655 828.578.6992

www.ymcacv.org

#### **LOCATIONS:**

#### **Hickory Foundation YMCA**

701 1st St. NW, Hickory, NC 28601 828.324.2858

#### Adrian L. Shuford Jr. YMCA

1104 Conover Blvd. E, Conover, NC 28613 828.464.6130

#### **Phifer Family YMCA**

2165 S. Sterling St., Morganton, NC 28655 828.580.6600