



# FIND YOUR AFTER SCHOOL SPOT. FIND YOUR Y.

2024-2025 School-Age Care  
Program Guide

Serving Burke and Lincoln County  
Students, K-12 years of age

[www.ymcacv.org](http://www.ymcacv.org) | 828-578-6992  
YMCA OF CATAWBA VALLEY

**For a better us.®**

# YMCA OF CATAWBA VALLEY

Serving Catawba, Burke, Caldwell, and Lincoln Counties for over 50 years



## BELONG AND BE WELL

The YMCA of Catawba Valley was established in 1969 to strengthen our community through youth development, healthy living and social responsibility. The Y engages over 25,000 men, women and children each year – regardless of age, income or background – to nurture the potential of children and teens, improve the community's health and well-being and to provide opportunities to give back and support neighbors. The Y has the long-standing relationships and physical presence not just to promise, but to deliver, lasting personal and social change. The Y mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

Become a member of the Y to receive program discounts, free group exercise classes, and access to more than 2,700 YMCAs across the country all with the peace of mind of not being under any long-term contract. The YMCA of Catawba Valley offers branch locations in Catawba County, Burke County, and Lincoln County. Each YMCA branch location offers unique amenities. For more information about each branch location, please visit our website, [ymcav.org](http://ymcav.org).

# Find Your Y

## Community in 2024!



### Become a Member Today!

#### Benefits of Membership

- Discounted Program Rates
- Free Group Exercise Classes
- Personal Training
- Childwatch Area
- Family and Community Events
- Health Education and Support



Scan the QR Code with your smartphone to join today!!

[ymcacv.org/membership](http://ymcacv.org/membership)



# BACK TO SCHOOL WITH THE Y!

Dear Families,

Welcome to the YMCA of Catawba Valley, where we are thrilled to have the opportunity to provide care for your children during out-of-school hours. We understand the importance of finding a safe and enriching environment for your children, and we are honored that you have chosen us to be a part of their growth and development.

At the Y, we are committed to providing a comprehensive and engaging curriculum that fosters holistic development. Our SCALED Learning Curriculum encompasses STEM (Science, Technology, Engineering, and Mathematics), Career-Connected Learning, Arts, Literacy, Education, Diversity & Inclusion. This approach ensures that your child receives a well-rounded educational experience that prepares them for success in school and beyond.

In addition to academic enrichment, we place a strong emphasis on social-emotional development and character development. Our core values of Caring, Respect, Responsibility, Honesty, and Faith are integrated into all aspects of our programs. We believe that by nurturing these values, we can help your child become a compassionate, responsible, and resilient individual.

We are excited to embark on this journey with your family and look forward to providing a nurturing and enriching environment for your child. Thank you for entrusting us with their care.

Sincerely,

Erica Simmons  
Executive Director,  
School Age Childcare  
YMCA of Catawba Valley



SCALED Learning™ is the YMCA's holistic before and after-school curriculum, designed to challenge children as they progress through each stage of development. This comprehensive approach helps kids grow academically and socially by engaging them in STEM, hands-on arts, literacy, career-connected learning, diversity and global education, social development, and, of course, fun! Our programs extend the school day with active play and curriculum that complements classroom learning, all in a safe and enjoyable environment. Through SCALED Learning™, children explore STEM concepts, delve into career paths, express themselves through art, enhance literacy skills, and become active learners both in and out of the classroom. They also develop a global perspective, learning about diverse cultures and ideas. With SCALED Learning™, children are supported in growing and learning in spirit, mind, and body, guided by experts who understand their needs and interests.



Hello Insight: Elementary SEL is a program designed to make the most of the intense learning and growth experienced by young people ages 8 to 11. It focuses on Social and Emotional Learning (SEL), which helps them develop the essential "soft skills" needed to navigate the world around them. This includes managing themselves, building relationships, and learning from setbacks. Through research-based experiences, the program aims to promote positive youth development, engaging young people authentically, expanding their interests, and fostering bonds with their peers. Unlike other evaluation solutions, Hello Insight values young people's feedback as the most reliable insight into how programs support their development. Therefore, the program asks young participants to assess their own SEL and the program experiences critical to their growth. By providing these experiences, Hello Insight: Elementary SEL helps young people develop the social and emotional skills necessary for thriving.

# YMCA SCHOOL AGE PROGRAMS

Serving students K-12 years-old

## Registration Information

Registration for our school-age programming is now open! These programs tend to fill up quickly, so we recommend registering early to secure your child's spot. You can complete the registration process online at <https://www.ymcacv.org/programs/youth-development/afterschool-programs>. When registering, please have the following information ready: your student's authorized pick-up and emergency contact details, including names, phone numbers, and addresses. You will also need to provide hospital and doctor preferences, medical information, and your student's school details. For new families, registration will take approximately 30 minutes. Returning families will find that registration is pre-filled but will require updates to your student's information and any changes to authorized pick-ups and emergency contacts.



Scan the QR Code  
with your smartphone and  
**REGISTER NOW!**

## Fun For Everyone

At the Y, we think fun, new friends, positive role models and great times should be available to every child. That's why we provide scholarships to families who need help making School Care programming a reality.

If your family needs a little help to make School Care programming happen, scholarship forms are available online at [www.ymcacv.org](http://www.ymcacv.org) and are kept completely confidential. For more information please contact the Childcare Administrator at [childcare@ymcacv.org](mailto:childcare@ymcacv.org).

Funds are made possible through generous donations to our Annual Giving Campaign. You can help provide School Care programming for families by visiting our website and making a tax-deductible online gift or by submitting a donation at a YMCA near you.

## Program Participation & Student Needs

The YMCA operates all childcare programs within the provisions of all applicable laws, including those that provide protection to individuals with disabilities as well as to providers who care for such individuals. Our Y programs welcome all children to the extent we are reasonably able to do so. A child who requires measures that constitute a fundamental alteration to the program or other undue hardship, or a child who poses a direct threat to the health and safety of others, will not be able to participate in the program. **The Y DOES NOT PROVIDE ONE-ON-ONE CARE.** All children who are enrolled in the program must be able to function independently in a large group setting termed as staff to child ratio, which is determined at each program by the state licensing consultant. In order to best meet the needs of your child, we ask that you contact the childcare office of the program you wish to enroll your child in, to inform us of **ANY** and **ALL** special accommodations that your child may require (i.e. dietary, medical, physical, mental, etc.).

## Ages We Serve

Children ages 5-12 year of age are eligible for before, after, and school's out camps. Children **MUST** have completed their first day of kindergarten in order to attend.

# YMCA SCHOOL AGE PROGRAMS

Serving Children K-12 Years Old

## Why Choose the Y?

At the YMCA, we are more than daycare. Daycare is a common term used to describe childcare services. We prefer to be referred to as an after school program or youth development program. This reflects our focus on providing a comprehensive learning and enrichment experience for children beyond traditional daycare services. Our after school programs offer a safe, nurturing environment where children can learn, grow, and thrive. With a focus on holistic development, we provide enriching activities that complement and enhance what children learn in school. Our dedicated staff members are committed to fostering a sense of community and belonging, making us the best choice for your child's after school care.

## Enrichment Activities

After school, students can enjoy a wide range of engaging activities designed to enhance their experience. These include snack time, homework help, outdoor play, arts and crafts, STEM activities, both group and individual activities, and participation in various clubs.

## Communication

YMCA childcare programs utilize Brightwheel as the primary communication tool for all Y childcare and youth programs. Additionally, we will communicate important updates via email, post notifications in programs, and send home information when necessary. To ensure receipt of these communications, please keep the email and phone number up-to-date in the online account. The provided information will be used to send out notifications and communications effectively

## Operating Hours

Our Before and After School Programs operate every day that your child's school is in session. At the end of the school day, depending on the school, students either remain at their school for after school under the care of Y staff or a bus transports them to their appropriate after school location.

Before School operates from 6:00am-8:00am and After School operates from the end of the school day until 6:00pm. Before and after school programs that operate at the Lincoln County Family YMCA will be transported to their school each morning and to the YMCA every afternoon by LCS.



# YMCA SCHOOL AGE PROGRAMS

Serving Children K-12 Years Old

## Payments, Cancellations, & Registration Reminders

Before and after school care tuition is due on the Friday before the week of care. All fees must be scheduled to be paid when registering for the program. (Although all payments are scheduled, they are not charged at the time of enrollment and all payments can be altered by contacting the Childcare Administrator) Fees can be paid through ACH draft or debit/credit card. No cash payments will be accepted on site. Accounts that are not paid and up-to-date will be terminated after two weeks with no contact and no payment. The responsible adult will be required to contact the Childcare Administrator in order to pay the balance and re-register the child. The child will not be able to attend the program until the account is brought current. There are no refunds or pro-rating for tuitions, absences, suspensions, partial weeks, or emergency closings. If a child is removed from the program because of payment issues, a new registration fee must be paid before being re-enrolled. Three (3) removals for nonpayment will result in permanent removal from YMCA program for the remainder of the school term. Reenrollment may be limited and may result in the child being placed on a waiting list.

When registering for School's Out Camps, please remember:

- Registrations must be completed at least 5 days prior to the day of the camp to participate.
- We must be notified at least 5 days prior to the start of each session in order to be removed from the program.
- School's Out Camp payment will be billed the day prior to camp.
- If you register your child and they do not attend, you will still be charged for the cost of camp and no refunds or credits will be issued for School's Out Camp.

Payments for Before & After School will be charged the Friday prior to each week of care. If you register and do not attend, you will still be charged. To cancel a week's registration, you are required to email Kristy Meiners at [kristym@ymcacv.org](mailto:kristym@ymcacv.org) no later than the Wednesday before the week of service. Any requests received after the Wednesday of the week before service will be charged and are not eligible for refund.

We require a 2 week notice to withdraw from the program. If you need to withdraw from the program you are required to email [Kristym@ymcacv.org](mailto:Kristym@ymcacv.org) and notify us that your child(ren) will no longer attend. The date of the email will start the two week notice. You will be responsible for payment for the two weeks notice.

## Program Contacts

If you need assistance with creating your account, adding students to your account, or logging in to you account, please contact the Childcare Administrator, Kristy Meiners at [kristym@ymcacv.org](mailto:kristym@ymcacv.org). The Childcare Administrator can also answer any questions you may have regarding payment, vouchers, and registration.

For questions about programming, schedules, or staff, please reach out to the Program Coordinator for the specific program you are inquiring about. All program contact information is located on page 9 of this guide. Additionally, you can contact the Youth Development Directors for assistance with these questions.

# YMCA SCHOOL AGE PROGRAMS

Serving students K-12 years-old

## Before and After School

In our before and after-school programs, parents can expect a safe, engaging, and nurturing environment for their children. Before school, children will have the opportunity to start their day with activities that prepare them for the school day ahead, such as quiet reading, homework completion, or group games to energize them for the day. After school, children can unwind and have fun with a variety of activities, including snack time, homework help, outdoor play, arts and crafts, STEM activities, group and individual activities, and clubs. Our programs aim to complement the school day by offering enriching experiences that promote learning, social development, and overall well-being.

## School's Out Camp

When school is out, the Y is in! Our School's Out Camp program offers a fun-filled day of activities for children when school is not in session. Participants can expect a diverse range of activities designed to keep them engaged and entertained, including arts and crafts, sports, games, outdoor adventures, and exciting field trips. Our experienced staff ensures that each child has a memorable and enriching experience in a safe and supportive environment. Whether it's exploring nature, getting creative with arts projects, or enjoying group games, School's Out Camp promises a day full of adventure and discovery for every child.

YMCA locations and dates are determined by the school calendar and schools we serve. Please be extra cognizant as you sign up for these days and make note of which location you are registering your child to attend.

Registration is separate from before and after school. Locations can fill to capacity so we encourage you to register now for all dates you need; please register no later than three business days before the date of the camp so that we can ensure proper staffing, supplies, food, and a fun-filled schedule.

## Weekly Program Rates for Lincoln County

Rate Plan	Before School Only	After School Only	Before and After School Only	School's Out Camps (if registered separately)
Member	\$40	\$60	\$80	\$45
Non-Member	\$55	\$75	\$95	\$60



# 2024–2025 Lincoln County Locations and Offerings

Program Name	Before School	After School	School's Out Camp
Rock Springs Elementary	✓	✓	
St. James Elementary	✓	✓	
Catawba Springs Elementary	✓	✓	
Pumpkin Center Primary School	✓	✓	
Iron Station Elementary	✓	✓	
Norris S. Childers Elementary	✓	✓	
Union Elementary	✓	✓	
Northbrook Elementary	✓	✓	
Lincoln Co. Family YMCA  Before/After Care for: Love Memorial Elementary, S. Ray Lowder Elementary School, Battleground Elementary, G.E. Massey Elementary	✓	✓	✓
Sally's YMCA			✓

# LCS YMCA PROGRAM CALENDAR 2024-2025

## First & Last Day of School

08/14/2024  
05/22/2025

## Half Day of School: Cost Included in Registration

05/23/2025

## School's Out Camp: Separate Registration Required

09/24/2024  
10/14/2024  
10/15/2024  
11/11/2024  
11/27/2024  
12/30/2024  
12/31/2024  
01/02/2025  
01/03/2025  
01/06/2025  
01/07/2025  
02/17/2025  
03/10/2025  
03/11/2025  
04/14/2025  
04/15/2025  
04/16/2025  
04/17/2025

## Program Closed

09/02/2024  
11/05/2024  
11/28/2024  
11/29/2024  
12/23/2024  
12/24/2024  
12/25/2024  
12/26/2024  
12/27/2024  
01/01/2025  
01/20/2025  
04/18/2025  
04/21/2025  
05/23/2024  
05/26/2024  
05/27/2024

## August

Mo	Tu	We	Th	Fr	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## September

Mo	Tu	We	Th	Fr	Sa	Su
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## October

Mo	Tu	We	Th	Fr	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## November

Mo	Tu	We	Th	Fr	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## December

Mo	Tu	We	Th	Fr	Sa	Su
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## January

Mo	Tu	We	Th	Fr	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## February

Mo	Tu	We	Th	Fr	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

## March

Mo	Tu	We	Th	Fr	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## April

Mo	Tu	We	Th	Fr	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

## May

Mo	Tu	We	Th	Fr	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

The first day of  
summer camp will  
be May 28th!



# **YMCA SCHOOL AGE PROGRAMS**

**Serving Children K-12 Years Old**

**We're here to answer any questions, discuss concerns, and help you with your child's educational and developmental needs at any time.**

**\*Youth Development Director, Jon Hotchner - [jonh@ymcacv.org](mailto:jonh@ymcacv.org)**

**\*Youth Development Director, Crystal Salazar - [crystals@ymcacv.org](mailto:crystals@ymcacv.org)**

**Questions regarding accounts, payments, subsidy vouchers, and financial aid:**

**Childcare Administrator, Kristy Meiners- [kristym@ymcacv.org](mailto:kristym@ymcacv.org); 828-838-1562**

**Erica Simmons, Executive Director, School Age Childcare,  
YMCA of Catawba Valley, [ericas@ymcacv.org](mailto:ericas@ymcacv.org)**