



Adrian L. Shuford Jr. YMCA

Pool Schedule October 7th- October 27th

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
5:00a-6:00a	6-Lap	6-Lap	6-Lap	6-Lap	6-Lap	Closed	Closed					
6:00a-7:00a												
7:00a-8:00a												
8:00a-8:30a	1-Lap	1-Lap	1-Lap	1-Lap	1-Lap	6-Lap						
8:30a-9:00a	6-WF	6-WF	6-WF	6-WF	6-WF	2-Lap		4-SL				
9:00a-9:30a	1-Lap	3-Open	3-Lap	1-Lap	3-Open				3-Lap			
9:30a-10:00a						6-WF		6-WF		6-WF	6-WF	
10:00a-11:00a	6-Lap	6-Lap	6-Lap	6-Lap	6-Lap	2-Lap	4-Open					
11:00a-12:00p	3-WF		3-Lap		3-WF			3-Lap				
12:00p-1:00p	6-Lap		6-Lap		6-Lap			6-Lap				
1:00p-1:30p	6-Lap	Closed	Closed	Closed	Closed	6-Lap	6-Lap					
1:30p-2:00p	Closed						Closed	Closed	Closed	2-Lap	4-Open	
2:00p-3:00p		2-Lap	4-Open									
3:00p-3:30p		3-ST	3-Lap	6-Lap	3-ST	3-Lap						6-Lap
3:30p-4:00p	3-ST	3-SL	4-SL	2-Lap	3-ST	3-SL	4-SL	2-Lap				
4:00p-4:30p												
4:30p-5:00p	6-WF	6-SL	6-WF	6-SL	6-WF	6-SL	6-WF	6-SL	2-Lap	4-Open	Closed	Closed
5:00p-6:00p	2-Lap	4-Open	2-Lap	4-Open	2-Lap	4-Open	2-Lap	4-Open				
6:00p-7:00p	6-Lap	6-Lap	6-Lap	6-Lap	6-Lap	6-Lap	6-Lap	6-Lap				
7:00p-7:30p	2-Lap	4-Open	2-Lap	4-Open	2-Lap	4-Open	2-Lap	4-Open	Closed			
7:30p-8:30p	Closed											

Splash Pad Hours:
The Splash Pad is closed

Legend:			
Lap	Lap Lanes	WF	Water Fitness
SL	Swim Lesson	Open	Open Swim
ST	Swim Team	DC	Day Care