

YMCA Lifeguard Class Registration Instructions

1. Visit www.yexchange.org
2. Create an account or log in.
3. Click on 'Home' & then click on the Learning Career & Development Center (LCDC) page
4. Search either location to find the available classes
- Lifeguard V6
5. Select the class which you wish to register for then scroll to the bottom & click on 'Register for this class'
6. Print out the Confirmation Page & bring payment to complete your registration

Red Cross Lifeguard Class Registration

1. Register at the following link:

https://docs.google.com/forms/d/e/1FAIpQLScbLP4FIdyKjRfQgYKvzsEjHQbDmpPvUbDv1OsUxSde_ANkDA/viewform?usp=sf_link

2025 Lifeguard Class

Registration Date	Class Week	Days	Location	Training Org.
January 6th - February 2nd	February 6th - February 9th	Thursday -Sunday	Adrian L. Shuford Jr. Y Large Meeting Room	Red Cross
February 3rd - March 2nd	March 6th - March 9th	Thursday -Sunday	Adrian L. Shuford Jr. Y Large Meeting Room	Red Cross
February 17th - March 16th	March 20th - March 23rd	Thursday -Sunday	Hickory Foundation Y C.O. Miller Teen Center	Red Cross
March 10th - April 6th	April 10th - April 13th	Thursday -Sunday	Adrian L. Shuford Jr. Y Large Meeting Room	YMCA/Red Cross
March 24th - April 20th	April 24th - April 27th	Thursday -Sunday	Hickory Foundation Y C.O. Miller Teen Center	YMCA/Red Cross
April 14th - May 4th	May 8th - May 11th	Thursday -Sunday	Hickory Foundation Y C.O. Miller Teen Center	YMCA/Red Cross
April 28th - May 15th	May 19th - May 23rd	Monday - Friday	Adrian L. Shuford Jr. Y Large Meeting Room	YMCA/Red Cross
May 12th—June 12th	June 16th—June 20th	Monday -Friday	Adrian L. Shuford Jr. Y Large Meeting Room	YMCA/Red Cross
May 26th—June 22nd	June 26th—June 29th	Thursday -Sunday	Adrian L. Shuford Jr. Y Large Meeting Room	YMCA/Red Cross
June 9th—July 6th	July 10th—July 13th	Thursday -Sunday	Adrian L. Shuford Jr. Y Large Meeting Room	YMCA/Red Cross
June 16th—July 17th	July 21st—July 25th	Thursday -Sunday	Adrian L. Shuford Jr. Y Large Meeting Room	YMCA/Red Cross