



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



## Adult Flag Football at the YMCA of Catawba Valley

**Ages:** Men and Women 18+

**When:**

**Registration is February 3rd-March 23rd**

- Games are on Sundays starting at 1:30pm
- First game is April 6th
- Tournament will be June 8th and 15th

**Where:**

- Games will be played at both the Hickory and Shuford branches

### Registration Information

- Members \$60, Non-members \$100
- Includes: Jersey, 7 regular season games, tournament day, championship trophy for the winner
- **Late Registration Fee: \$10**
  - Late registration must be approved by the program director

### Contact Information:

**Director**—Abbey Tarr

abbeyt@ymcacv.org — 828-464-6130

**Coordinator**—Mattie Clark

mattiec@ymcacv.org

# DOWN

# SET

# HIKE!



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**Sports Waiver:** In Consideration of the acceptance of this entry, I hereby, for myself, my heirs, executors, administrators and assignees, release and discharge the YMCA of Catawba Valley, its Board of Directors, employees, members, sponsors, and program volunteers of any liability from injury, illness or loss which may occur during my participation to, during and from YMCA of Catawba Valley Adult Sports leagues. I specifically release and discharge said promoters and sponsors from all injuries or damages arising from or contributed to by any physical impairment or defect I may have, whether latent or patent, and agree that they are under no obligation to provide a physical examination or other evidence of my fitness to participate in such events, the same being my sole responsibility.

I also understand the rules and guidelines given to my team captain by the YMCA. I understand that if I do not follow the rules and guidelines, or if my behavior is against that of which the YMCA desires, I may be expelled from the league, forfeit my team and receive no refund.

I understand that there is a registration deadline, which the YMCA must enforce, and there are no refunds as the program is conducted. COVID-19 Refund Policy: Should the YMCA have to cancel fall sports in whole or partially due to a stay-at-home order or for any other reason, the YMCA will issue a pro-rated system credit to be used for any YMCA programming/membership at a future date.

Participant Name: \_\_\_\_\_ D.O.B. \_\_\_\_/\_\_\_\_/\_\_\_\_

Cell Number: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Contact's Cell # \_\_\_\_\_

**(Circle One)** Branch of Play:            Hickory Foundation            Adrian L. Shuford, Jr.

**(Circle One)** T-Shirt Size: AS AM AL AXL AXXL AXXXL

**(Circle One)** I am registering as:            Part of a **TEAM**            As an **INDIVIDUAL**

**Team Sponsor:**

\_\_\_\_\_ \$250, Business name on back of uniform

\_\_\_\_\_ \$500, Business name on back of uniform and banner on the field

**If part of a TEAM fill in the information below:**

Team Name: \_\_\_\_\_

Team Captain's Name: \_\_\_\_\_

Team Captain's Cell #: \_\_\_\_\_

If **YOU** are the team Captain list your top 3 uniform color choices :

\_\_\_\_\_